

You are Invited to Attend

Group	Time	Meeting Place
Women's Support Group	Tuesdays 5:00 – 6:30pm	Zoom Please contact a Staff member to join the wait list
Gender Inclusive Support Group	Mondays 1:00 – 2:30pm	Zoom Meeting ID: 847 3289 2416 Passcode: 971519
Building Working Dreams	Wednesdays 11:00am – 12:00pm	Zoom Meeting ID: 882 0602 0947 Passcode: 538588
My Money My Choice	Mondays 3:00 – 4:00pm	Zoom Meeting ID: 882 0602 0947 Passcode: 538588
Weathering the Storm	Tuesdays 2:00 – 3:00pm	Zoom Meeting ID: 827 1243 6887 Passcode: 973130

The Women's Support Group and Gender Inclusive Support Group are both oriented in helping connect other survivors of domestic violence together in a supporting nature with each week being oriented on the needs of the group and a prompt to begin the session. This is an open group that runs weekly.

The Building Working Dreams group is an employment readiness group focused on discovering what work one may be interested in, how to obtain a career, and be successful with employment. The group is offered in partnership with Vermont Works for Women.

The My Money My Choice group is a financial literacy group which aims to foster financial independence and increase skills around managing one's money, budgeting, establishing or increasing savings, and creating financial goals.

Weathering the Storm is an educational group focused on identifying, developing and implementing coping and other skills to assist with the trauma survivors have acquired. The ultimate goal of the group is for intimate partner violence survivors to develop the skills to help during and after the anxiety and trauma. While emotional support groups provide a bases of learning from peers that they are not alone, Weathering the Storm builds and develops skills to move towards healing.

**STEPS
TO END
DOMESTIC
VIOLENCE**